



## THE COMFORT OF TEA

*According to ancient wisdom, the Elements are life's symbolic building blocks.  
The Elements we refer to are Earth, Water, Fire, Air and Ether.  
To live a harmonious life, one must have all five in balance.*

### 5 Elements ~ 5 Teas



**Touch the Ground**  
Happy Landings  
**Honeybush, Aniseed & Sage**

Modern life can send the mind reeling. So much, so much to keep track of. We could stand to get back the feeling of walking barefoot on the ground – to be connected to our mother Earth – to be Grounded. For Life.



**Emotional Detox**  
Feel Free  
**Sweet Hibiscus & Mint**

Who can escape the lure of the deep? We feel the flow of desire and sometimes get swept away. Emotions can be a delicious or painful distraction. Either way, the same flow that can carry us away can also carry away our emotional attachments. It's a matter of balance.



**Purity Flame**  
Turn up the Heat  
**Sweet Choco & Chilli**

The light of understanding, the heat of action, the inner fire... all are subject to the flames of transformation. We balance and control the Purifying Flame; we balance our very lives.

TEA NAME	Art. No	EAN Unit	EAN Case	Nt. Wt
Touch the Ground	3121-02	8717853491511	8717853496516	16x2g = 32g
Emotional Detox	3122-02	8717853491528	8717853496523	16x2g = 32g
Purity Flame	3123-02	8717853491535	8717853496530	16x2g = 32g





air



ether



**Life On Wings**  
Lighter than Air  
**Fennel, Cardamom & Orange**

The wind can be wild or mild. Thoughts can flow or slow. Our very breath is the source of life – the source of energy – the source of motion.



**Joyful Silence**  
Holding the Space  
**Apple & Lemon**

The stillness. The space that holds everything else. Listen.

TEA NAME	Art. No	EAN Unit	EAN Case	Nt. Wt
Life on Wings	3124-02	8717853491542	8717853496547	16x2g = 32g
Joyful Silence	3125-02	8717853491559	8717853496554	16x2g = 32g



NL-BIO-01  
EU/Non-EU agriculture



SME\_Saish\_EN\_12Er



**16 teabags, without metal staple or glue. Individually sealed for protection of the flavor and for better convenience. A line of Ayurvedic herb and spice teas. All teas are 100% organic.**

Organic % / certifier: ..... 100% / NL-Bio-01 (Skal 022826)  
 Unit dimensions: ..... W 74 H 128 D 65 mm  
 Units per case / layer / per pallet: ..... 8 (152 / 912)  
 Cases per layer / per pallet: ..... 19 / 114  
 Case dimensions: ..... W 161 mm, L 278mm, H148mm  
 Layers per pallet / pallet height: ..... 6 layers / 105 cm  
 Serving size: ..... 300ml  
 Storage directions : ..... Keep dry, cool and out of direct sunlight.  
 Shelf life: ..... 36 months from production.  
 Ingredient Sequences in: ..... English, German, Dutch, French, Spanish, Italian, Norwegian,  
 ..... Danish, Swedish and Finish.



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